



MLA EXPENSE CLAIM CONSTITUENCY ALLOWANCE

LEGISLATIVE
ASSEMBLY

M.L.A. NAME _____ REG HELWER _____ DATE PREPARED _____ February 14, 2023

FOR THE CONSTITUENCY OF _____ BRANDON WEST _____

FEB 27 2023

Date (M/D)	Vendor	Description of Purchase/Purpose	Office Space	Office Operation	Representation
1/3	Progressive Westman	(mat rentals)	32.85		
1/17	Progressive Westman	(mat rentals)	32.85		
1/9	Bioscience Association Manitoba	Awards Dinner March 2, 2023			200.00
1/4	Bell MTS	(telephone)		209.82	
2/1	Bell MTS	(internet)		94.03	
2/1	Murray's Fire Extinguishers	(service and inspection)	51.52		
1/30	Dollorama	(Kraft envelopes)		2.81	
1/26	Dollorama	(Padded envelopes)		5.60	
12/7	Brandon Festival of the Arts Inc.	- AD		75.00	
2/15 ⁰⁸	Manitoba Hydro		336.40		
1/31	Progressive Westman	(mat rental)	32.85		
SUB -TOTALS:			486.47 \$ 453.62	\$ 387.26	\$ 200.00
TOTAL AMOUNT OF EXPENSES				1073.73 \$ 1,040.88	



MLA EXPENSE CLAIM

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M.L.A. NAME REG HELWER DATE PREPARED March 9, 2023

FOR THE CONSTITUENCY OF BRANDON WEST

MAR 13 2023

Date (M/D)	Vendor	Description of Purchase/Purpose	Office Space	Office Operation	Representation
2/22	Heather Gibson (office cleaning)		50.00		
2/14	Progressive Westman (mat rental)		32.85		
2/28	Progressive Westman (mat rental)		32.85		
3/29	Royal Manitoba Winter Fair Dinner	- March 29 /23 ticket			107.63
3/9	2023 Women of Distinction Awards Gala	- March 9/23 ticket			75.00
SUB -TOTALS:			\$ 115.70		\$ 182.63
TOTAL AMOUNT OF EXPENSES					\$ 298.33



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M.L.A. NAME REG HELWER DATE PREPARED March 9, 2023

FOR THE CONSTITUENCY OF BRANDON WEST MAR 13 2023

Date (M/D)	Vendor	Description of Purchase/Purpose	Office Space	Office Operation	Representation
3/1	Bell MTS (internet)			94.03	
SUB -TOTALS:				\$ 94.03	
TOTAL AMOUNT OF EXPENSES					\$ 94.03



MLA EXPENSE CLAIM
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M.L.A. NAME Reg Helwer DATE PREPARED March 16, 2023

FOR THE CONSTITUENCY OF Brandon West

Table with 6 columns: Date (M/D), Vendor, Description of Purchase/Purpose, Office Space, Office Operation, Representation. Includes entries for BELL MOBILITY and PAY DIRECT, with a total amount of \$101.22.



**Fiscal Year
2022-2023**

**MLA EXPENSE CLAIM
CONSTITUENCY ALLOWANCE**

LEGISLATIVE
ASSEMBLY

M.L.A. NAME REG HELWER DATE PREPARED March 29, 2023

FOR THE CONSTITUENCY OF BRANDON WEST

APR 04 2023

Date (M/D)	Vendor	Description of Purchase/Purpose	Office Space	Office Operation	Representation	
3/14	Progressive Westman	(mat rental)	32.85			
3/28	Progressive Westman	(mat rental)	32.85			
3/23	Tourism Westman	(advertising)		96.08		
3/14	Gold Plated Evening for Men's Cancer	(ticket) - March 15/23			300.00	
3/15	Art Gallery of Southwestern Manitoba	Fundraiser ticket - March 19/23			60.00	
3/9	2023 Women of Distinction Awards Gala	ticket - March 9/23			75.00	
3/23	Winnipeg Free Press	subscription (6 months effective March 17/23)		119.57		
3/23	Brandon Chamber of Commerce	Superwoman Conference Ad		175.00		
			SUB -TOTALS:	\$ 65.70	\$ 390.65	\$ 435.00
			TOTAL AMOUNT OF EXPENSES		\$ 891.35	